

Me

John W. DenBoer, Ph.D., USPTA-Elite, PTR



PERSON

- **Born in Waukesha, WI, USA**
- **44 years old**
- **Attended Waukesha South High School (1992-1996)**
 - 4-sport athlete
 - *Tennis:*
 - 4-time Individual and State Attendee
 - Conference Champion 3 yrs. In a row ('94-96)
 - Sectional Champion 3 yrs. In a row ('94-'96)
 - Top Student-Athlete ('96)
- **Attended Carroll College (1996-2000)**
 - 4-yr. MVP at #1 Singles and #1 Doubles
 - Player-Coach for 2 seasons
 - Academic All-American all 4 seasons
 - Double Major Psych and Sociology (summa cum laude)
 - Voted Top Student-Athlete ('00) and Top Sociology and Psychology Graduate

PERSON

- **Southwest Open Player of the Year – 2011**
- **USTA #2 Singles and #1 Doubles in Southwest**
- **25 USTA Open Singles and 36 Open Doubles Titles (2011-2017)**
- **U.S.P.T.A. – Elite Professional (2014-)**
- **P.T.R. – Professional (2015-)**
- **Sports Psychology Services**
 - > 50 ATP/WTA Professionals & > 60 High School and D1 Tennis Players since 2009
 - Part of Team for >50 Tour-level titles and 14 Grand Slam Titles, 5 Individual D1 Champs, 2 Team Champs
 - 100% of HS Athletes went on to obtain full ride D1 scholarships
- **Current USTA 5.0-Open Player, UTR = 11.15**
- **Official ATP, WTA, and USTA Sports Psychology Consultant**

PERSON

- **Ph.D. in Clinical Psychology**
 - Emphasis in *Clinical Neuropsychology* (Harvard University/Boston University School of Medicine) (2007)
- **Founded Business (Phoenix, AZ) specializing in dementia detection and mitigation**

- **Sold Partial Business Stake in December, 2019**
- **Moving Back May 26th**
- **#1 Priority = Family**



COACH

Approach: Direct-Supportive

Style: Positive Psychology &
Goal-Oriented Coaching

Progression:

- 1) Rapport Building
 - 2) Goal Setting
 - 3) Tactical
 - 4) Execute
 - 5) Assess
- (repeat)*



TENNIS COACH

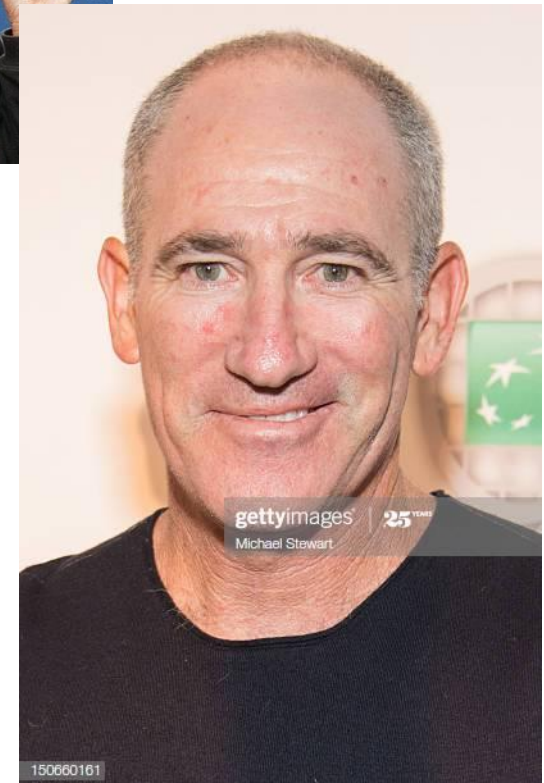
Strengths:

- Dynamic
- Passionate
- Structured
- Direct



Weaknesses:

- Uncompromising
- Unyielding
- Competitive
- Direct



PROFESSIONAL

Primary Philosophy: **Servant
Leadership**

Core Beliefs:

- **Honesty**
- **Transparency**
- **Humility**
- **Respect**
- **Perspective**
- **Character**
 - **Leadership**



CONCLUSION

“Mental toughness is spartanism with qualities of sacrifice, self-denial, and dedication. It is fearlessness. And it is love.”

- Vince Lombardi



“I wanna go fast.”



THANK YOU!

